

The Community Chest BOCHK Cycling Challenge
Race Briefing Notes to Participants of Elite Races

Race Time
7:00 am

A. Race Kit includes:

- | | |
|--------------------------------------|------------------------|
| 1. Number Cloth x 2 | 4. Luggage tag x 1 |
| 2. Pins x 8 | 5. Race Briefing Notes |
| 3. Frame Number with Timing Chip x 1 | 6. Boarding Pass x 2 * |

Please kindly check if all the above items are included in the Race Kit and notify the Organiser upon collection if anything is missing.

B. Race Briefing Notes

1. Participants must ensure that they are physically fit to participate in the event. Any person who is pregnant or suffering from chronic diseases such as heart disease or high blood pressure should not join the event.
2. The Organiser will provide Public Liability Insurance only for the event. Participants are reminded to arrange their own Personal Accident Insurance if necessary.
3. Please peruse the Important Notice and Rules of the event which is uploaded on Chest website: http://www.commchest.org/filemanager/uploadfiles/events/cycling2014/Elite_Rules_Eng.pdf
4. Participants can present the Number Cloth to enter the venue and each participant can bring two relatives or friends to join. Relatives and friends must take shuttle bus provided by the Organiser by presenting the enclosed Boarding passes* at Chik Wan Street, Tai Wai (Tai Wai MTR Station Exit F & G) to reach the Start Point and for return journey.
5. On the event day, participants are required to arrive at Route 8 Toll Plaza **30 minutes before the race starts**.
6. Bag drop service will be provided on the event day. Please take a plastic bag on-site, put the personal belongings in it and tie the luggage tag to the plastic bag. Participants should not leave valuable items in the bag and any loss will be at their own risk.
7. All participants are **required to wear bike helmets** during the event. The Organiser reserves the right to refuse any participant who does not wear or use the helmet improperly.
8. Please follow the instructions of the commissaires and marshals to ensure the race is held smoothly in a fair and safe manner.

C. Traffic Arrangement

1. On event day, Route 8 will be temporarily closed off. Except the Organiser's designated vehicles, all other vehicles and general public will NOT be allowed to enter the closed area.
2. Participants of Elite Race are required to use cycling track to reach Che Kung Miu Road and go to the Start Point at Route 8 Toll Plaza. There is a 10-minute steep road where cycling is NOT allowed. The whole journey is a 30-minute walk.
3. Relatives and friends must take shuttle bus at Chik Wan Street, Tai Wai (Tai Wai MTR Station Exit F & G) by presenting the enclosed Boarding passes* to the Start Point and for return journey.
4. Drop-off at Che Kung Miu Road is NOT allowed.

D. Frame Number with Timing Chip

Please tear off the Frame Number (Photo 1) with Timing Chip and put it properly at the seat post (Photo 2 & 3).

Photo 1



Photo 3

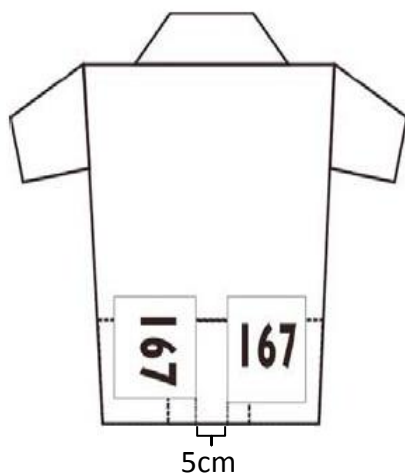


Photo 2



E. Number Cloth

Please use the pins to fasten the number cloth on your race shirt properly as below without cut or fold.



For enquiries, please call 2599 6112 or 2599 6160.